

**Free, Online Course for College Access Professionals (CAP)
*College and Career Planning in the Middle Grades***

Earn 20 professional development hours

6-week, online course for school counselors, administrators and teachers.

Four Sessions

Learn at your own pace with on-demand learning for each online session. Plan on four-to-six hours per session.

Learn about Arizona specific regulations including graduation requirements, AzCIS Jr., ECAP process, postsecondary institutions, college planning tools and resources.

Session Dates:

Sept. 8 - Oct. 19, 2020
Oct. 19 - Nov. 30, 2020
Jan. 11 - Feb. 22, 2021
Mar. 1 - Apr. 12, 2021

Want to register or have questions?

Contact:

[Ann Connelly](#), GEAR UP Program Manager

Session One:

Develop a Culture for Postsecondary Planning in Middle School

Research effective strategies to create a culture of engagement in the middle grades and develop a plan of attack. Discover how to encourage faculty, students and families to visualize how career pathways lead to post secondary success. Learn how to implement AzCIS Jr. and begin the ECAP process starting in the middle grades.

Session Two:

Lead Middle Grade Students in Self-Awareness and Career Exploration

Learn how to use assessments and other strategies to help students recognize their strengths, interests, skills and abilities. Discover how students' individual interests and goals help with self-awareness and career exploration. Learn how to help students and their families achieve success through multiple pathways, career interests and effective course selection.

Session Three:

Help Students Succeed with Positive Mindset and Behavior Coaching.

Explore methods to assist students in setting ambitious goals while monitoring progress. Investigate growth theory mindsets, behavior development, skills and character traits, time management, study skills and resilience, all of which promote postsecondary success.

Session Four:

Educational Planning for Middle Grade Students and

Research practical ways to engage students and families regarding postsecondary planning. Plan transition activities to help students and families see how early planning and academic success link to future success. Develop communication strategies to help counsel students and families on the importance of academic success, choosing appropriate courses and extracurricular activities.